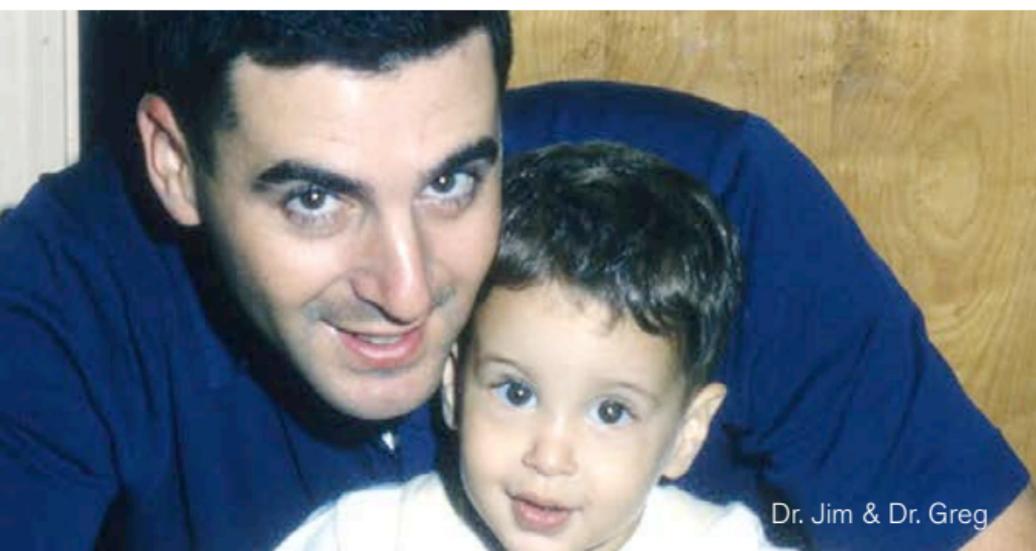


Get
treated
like
family
by
family



Dr. Jim & Dr. Greg

Strull
ORAL SURGERY

Our focus is on you.

Always.

In an era where health care is rushed and often exasperating, we welcome you to our oral surgery practice, built on expert, friendly and comfortable care. We have been looking out for our patients' best interests for more than 50 years combined. We treat you like family because we are family.

We understand that you don't love having oral surgery. No one does. But when you do, you want to be in expert hands in a relaxed and genuine "no-rush" environment. This is why we make sure you leave with a full set of instructions and expectations for when you get home.

We'll call and check on you, but if you have any questions, give us a call, day or night,
502.896.4401 Louisville
812.519.2468 Seymour
866.896.4401 Toll Free

Dr. Jim & Dr. Greg Strull
Strull Oral Surgery

The following is a set instructions on home care after extractions, impactions and other oral and maxillofacial surgery.

Recovering from surgery

Normally after any surgery, you may experience some temporary alterations in the mouth and cheek area during your recovery.

Bleeding

You may experience a slight oozing of blood the first day and night following surgery. Remember that one drop of blood mixed with your saliva may lead you to believe that your bleeding is much worse than it actually is. There may also be some discoloration in the area of surgery. This black and blue mark will normally turn yellow and fade within a few days.

Pressure

On the day of surgery you may be advised to apply pressure on the bleeding area for a certain period of time by biting on a piece of gauze or a moistened tea bag. This application controls excessive bleeding by helping a blood clot to form in the surgery area. It is important not to disturb the clot so that it can heal normally.

Temperature elevation

There may be a slight elevation of temperature for 24 to 48 hours. If a fever continues, notify us.

Discomfort is usually the greatest on the first night after surgery.

Dr. Strull may prescribe a medication for you. However, if your discomfort continues to be severe, please let us know.

Swelling It is common to experience a temporary swelling of your cheeks and an inability to open your mouth wide. Dr. Strull will advise you to apply ice packs on the day of surgery to alleviate this swelling. Swelling may increase over the next one to two days. If you have questions, be sure to call Strull Oral Surgery.

Cracking corners of mouth If the corners of the mouth are stretched, they may dry out and crack. Your lips should be kept moist with a cream or ointment.

Possible unusual situations Because there are always risks involved whenever you have surgery, be sure to call us if you have any questions. You should be aware of the following possible unusual situations.

Paresthesia (Numbness) Impacted teeth may be close to or in actual contact with the nerves that supply sensation to the teeth, gums, chin, cheeks, lips, and tongue. Sometimes these nerves can become injured when the tooth is removed causing a numbness and tingling. In most cases if this happens, the nerve repairs and regenerates within a short time. However, in some cases numbness can be permanent.

Localized osteitis (Dry Socket) Healing can be delayed if the blood clot covering the socket is dissolved or washed away. This exposes the bone and leads to constant, deep throbbing discomfort several days after surgery. If you experience these symptoms, call us immediately.

Infection These can usually be treated by draining the infection, administering antibiotics, or by using both methods.

Sinus problems Because the upper wisdom teeth are close to the sinus cavity, on rare occasions the removal of the upper wisdom teeth can occasionally open the sinus cavity. The sinus usually heals, but if the situation persists, further treatment may be needed.

Weakening of the Jaw Although it rarely occurs, removal of an impacted tooth can weaken the jaw, making it more susceptible to fracture.

DO'S & DON'TS

Eat what is comfortable to you. This is typically soft foods or liquids.

Do drink lots of fluids, avoid using a straw. It can create a suction that may loosen the blood clot protecting the socket.

Don't smoke for 72 hours after surgery. It can create a suction that could loosen the protective blood clot.

Plan to take off from work or school. Your routine may be disrupted for a few days after surgery.

Rinsing Tomorrow you should gently rinse with a solution of 1/2 teaspoon salt to 8 oz. warm water, 3 to 4 times a day, and continue for several days.

Don't drink alcohol while you are taking any prescribed pain medication or antibiotics.

Cleaning On the day of surgery avoid cleaning the teeth next to the healing area. It is important to brush and floss your teeth thoroughly as well as brush your tongue at least once a day. This should eliminate the bad breath and unpleasant taste that is common after oral and maxillofacial surgery. Always use a soft bristled brush so that you do not injure the tissues in your mouth.

Remember Oral and Maxillofacial surgery is an extremely common procedure. We will do everything possible to make sure that your surgery and recovery proceed as smoothly as possible.

If you have any questions about the issues discussed or any other concerns you may have, please call us at any of the following:

502.896.4401 Louisville

812.519.2468 Seymour

866.896.4401 Toll Free

We'd love to hear from you.

We like to treat each and every patient as if they are a member of our own family. Did we do that for you? Please let us know by reviewing us online. You'll receive a link to give us feedback, and we appreciate Google reviews.

A FRIENDLY CHECK-UP.

The evening after your procedure, we'll call you up to see how you are doing and answer any questions you may have.

AS YOU RECOVER

Remember that we are always available for you, 24/7. If you need anything, just call any of the following:

502.896.4401 Louisville
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